

THE OAKS BAR AND RESTAURANT

SUNDAY LUNCH

SOUPS

CHEF'S HOMEMADE SOUP OF THE DAY €6.00
With Baked Roll, Soda Bread or Gluten Free Bread

KENMARE BAY CLASSIC CREAMY SEAFOOD CHOWDER (1,3,5,7,8) €10.00
A Selection of Locally Sourced Seafood Bound in a Classic Creamy Chowder.
Served with Homemade Soda Bread (2) GFA

LIGHT BITES

STICKY SPICY BUFFALO CHICKEN WINGS (1,2,9,13,14) €8.50
With a Choice of Tangy Garlic Mayo or Smokey BBQ Sauce. Served with Celery and Carrot Sticks.

GOLDEN DEEP FRIED GARLIC MUSHROOMS (2,4,7,9) €7.50
Golden Deep Fried Mushrooms, Served with a Green Leaf Salad and a Garlic Herb Dip

SUPERFOOD SALAD (9,10) VEGAN €14.50
Sweet Potato, Quinoa, Toasted Nuts, Avacado, Chia Seeds and Mixed Leaves. Served with French Dressing
Add Grilled Chicken €3

OAKS SUNDAY CLASSICS

OPEN FACE CHARGRILLED 7OZ SIRLOIN STEAK SANDWICH (2,4,7,9,10,12,13,14) €19.00
Served with Sautéed White Onions, Field Mushroom, Crispy Fried Onion Rings.
Choice of Creamy Peppercorn Brandy Sauce or Garlic Butter. Served with Fries and a Side Salad.

BEEF LASANGE (1,2,4,7,9,10,12,13,14) €18.50
Topped with a Spicy Marina Sauce & Parmesan Cheese.
Served with either Garlic Bread and a Side Salad **OR** Served with Garlic Bread and Fries.

BEEF STROGANOFF (7,9,13) €15.50
100% Irish Beef Cooked in a Creamy Stroganoff Sauce with Mushrooms, Onions and Gherkins.
Served with Basmati Rice

CHICKEN CURRY (7,9,13) €15.50
Served with Aromatic Basmati Rice

THE OAKS CLASSIC CHICKEN BURGER (2,4,7,9,13,14)(GFA) €15.50
Grilled Cajun Chicken Fillet, Topped with Bacon, Cheese, Lettuce, Tomato and Pickled Cucumber
Served with Fries, a Salad Garnish and Garlic Mayo

OAKS SUNDAY CLASSICS CONTINUED

CREAMY PASTA CARBONARA (2,4,7,10,13) €13.50
With Mushrooms, Bacon & Onion. Served with Garlic Bread.

THE OAKS VEGAN VEGGIE BURGER (1,2,9,12) €16.50
A Double Patty Vegan Burger with Red Onion Jam, Vegan Mayo and Vegan Cheese.
Served in a Beetroot Bun, with Lettuce and Tomatoes.

CHEF'S SPECIALS

CHEF'S CATCH OF THE DAY

For details and the pricing of the Chef's Catch please ask your Server.
Served with Market Fresh Vegetable and Mashed Potatoes,

PRIME IRISH ROAST BEEF (1,7,9,13) €16.50
Served with Red Wine Gravy, Market Fresh Vegetable and Mashed Potatoes.

TRADITIONAL ROAST TURKEY AND HAM (1,2,7,9,10,12,13) €16.50
Served with Red Wine Gravy and Herb Stuffing (GFA), Market Fresh Vegetable and Mashed Potatoes.

ROAST KERRY LAMB €16.50
Served with Red Wine Gravy and Herb Stuffing (GFA), Market Fresh Vegetable and Mashed Potatoes.

SIDE PORTIONS

Mashed Potato (7)	€2.00	Mixed Leaf Salad (9)	€3.50
French Fries (2)	€3.50	Onion Rings (2,7)	€3.50
Sweet Potato Fries (2)	€4.00	Rice	€2.00

ALLERGENS LIST

(1) Celery	(6) Lupin	(11) Peanut
(2) Gluten	(7) Milk	(12) Sesame
(3) Crustaceans	(8) Molluscs	(13) Soya
(4) Eggs	(9) Mustard	(14) Sulphur
(5) Fish	(10) Nuts	



DUE TO COVID 19 RESTRICTITONS PLEASE NOTE THE FOLLOWING:

CHILDREN ARE REQUIRED TO BE SUPERVISED & SEATED AT ALL TIMES.
DISHES CANNOT BE MODIFIED DUE TO SOCIAL DISTANCING IN KITCHEN.
BILLS CANNOT BE SPLIT.

THANK YOU FOR YOUR COOPERATION