

THE OAKS RESTAURANT LUNCH MENU

LIGHT BITES -

THE OAKS LOADED POTATO

€10.00

Half of a fluffy baked potato, stuffed with

crispy bacon, a melted tangy cheese,

topped with a dollop of sour cream

& spring onion.

(7)

KENMARE BAY CREAMY

SEAFOOD CHOWDER (GFA)

Starter: €10.00, Main: €16.00

A selection of locally sourced seafood,

bound in a classic creamy chowder, served

with fresh Irish soda bread.

(1,3,5,7,8)

THE OAKS SOURDOUGH SPECIAL

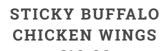
(GFA) €9.50

Baked ham & vintage cheddar, toasted on

sourdough bread served with a side of red

onion relish & fresh garden salad.

(1,2,4,7,9,12)



€10.00

Succulent sticky chicken wings, served with a choice of tangy garlic mayo or smokey BBQ sauce & celery sticks.

(1.2.9.13)

GOLDEN WEDGES OF BRIE Starter: €9.00, Main: €18.00

Buttery Brie in a crispy golden coating served with redcurrant jelly & fresh garden salad.

(2,4,7,9,10,12)

CHEESY BLT BAP

£10 00

Succulent slices of streaky bacon, juicy tomato & gem lettuce topped with melted cheddar cheese on a toasted multiseed bap with a side of tomato relish.

(2,7,9,12,13)

ROMAN CAESAR SALAD

€16.50

Succulent chicken & bacon pieces on a bed of crunchy cos lettuce with garlic & herb croutons, served with a classic caesar dressing & topped with parmesan shavings.

(2,4,5,7,9,13)

OAKS CLASSICS

CHICKEN, MUSHROOM **& BACON TAGLIATELLE**

€15.00

Tender chicken, wild mushroom & crispy bacon pieces in a velvety cream sauce paired with tagliatelle pasta & a side of crusty garlic bread. (2, 4, 7)

THE OAKS CLASSIC ROASTS

ROAST TURKEY & HAM (GFA) €16.00

Served with red wine gravy, herb stuffing (GFA), market fresh vegetables & creamy mashed potatoes. (1, 2, 7, 9, 10, 12, 13, 14)

HADDOCK & SPINACH

Fresh haddock & smooth spinach fishcakes coated in panko breadcrumbs, served with fresh garden salad & fries. (2,4,5,7,14)

HOMEMADE SOUP OF THE DAY

€6.50

Chef's homemade soup, served with a crusty roll or fresh Irish soda bread. (1,2,4,7,12,13)

STICKY CAULIFLOWER BITES **€10 00**

Crunchy cauliflower florets coated in a sticky buffalo sauce served with chickpea salsa & a truffle aioli. (2.4.9.13)

SOUTHERN FRIED CHICKEN WRAP €9.50

Mildly spiced southern fried chicken with red onion, crispy lettuce, tomato, sweet chilli mavo sauce served in a toasted floury wrap.

(2,4,7,9,13)

SUPERFOOD SALAD (VEGAN)

€13.50

A bed of seasonal greens topped with sweet potato, quinoa, creamy avocado, toasted nuts & chia seeds, served with French dressing. Add succulent chicken & bacon for €3.

(9,10)

THE OAKS CLASSIC **CHICKEN BURGER** (GFA) €17.00

Grilled cajun chicken fillet, topped with bacon, cheddar, lettuce, tomato & pickled cucumber, served with fries, garden garnish & garlic & herb mayo.

(2, 4, 7, 9, 13, 14)

ROAST KERRY LAMB (GFA) €16.00

Served with red wine gravy, herb stuffing (GFA), market fresh vegetables & creamy mashed potatoes. (1,2,7,9,10,,12,13,14)

OPEN FACE CHARGRILLED 70Z SIRLOIN STEAK SANDWICH €22.00

Prime sirloin steak on crusty ciabatta bread topped with sautéed white onion & field mushroom with a side of fried onion rings, fries & garden salad. Choice of peppercorn sauce or garlic butter.

(2,7,9,12,13,14)

VEGAN FALAFEL STIR FRY €15.00

Stir Fried Mixed Peppers & Seasonal Vegetables in a Thai Sweet Chilli Sauce with Falafel, served on a bed of Rice.

Add Succulent Chicken for €3

(1, 2, 9, 13, 14)

SIDES

CREAMY MASHED POTATO (7) 3.50 SKIN-ON CHUNKY CHIPS (2) 3.50 SWEET POTATO FRIES (2) 5.00

MIXED LEAF SALAD (9) 3.50 BATTERED ONION RINGS (2,7) 5.00 AROMATIC BASMATI RICE 3.50

ALL BEEF IS 100% IRISH

DISHES CANNOT BE MODIFIED. WE ARE UNABLE TO FACILITATE SPLIT BILLS. CHILDREN MUST BE SUPERVISED AND SEATED AT ALL TIMES.

ALLERGENS

(1)CELERY (2)GLUTEN (3)CRUSTACEANS (4)EGGS (5)FISH (6)LUPIN (7)MILK (8)MOLLUSCS (9)MUSTARD (10)NUTS (11)PEANUTS (12)SESAME (13)SOYA (14)SULPHUR

MILD COCONUT CURRY Creamy yellow curry, served with aromatic

basmati rice & a crispy baked poppadom. Vegan Mixed Vegetables €17 / Tender Chicken breast €19 / Jumbo Pink Prawns €21 Half Rice & Half Chips +€1.50.

THE OAKS

(2, 7, 9, 13)

ROAST PRIME BEEF €16.00

Served with red wine gravy, market fresh vegetables & creamy mashed potatoes.

(9.13.14)

FISHCAKES €20.00

